

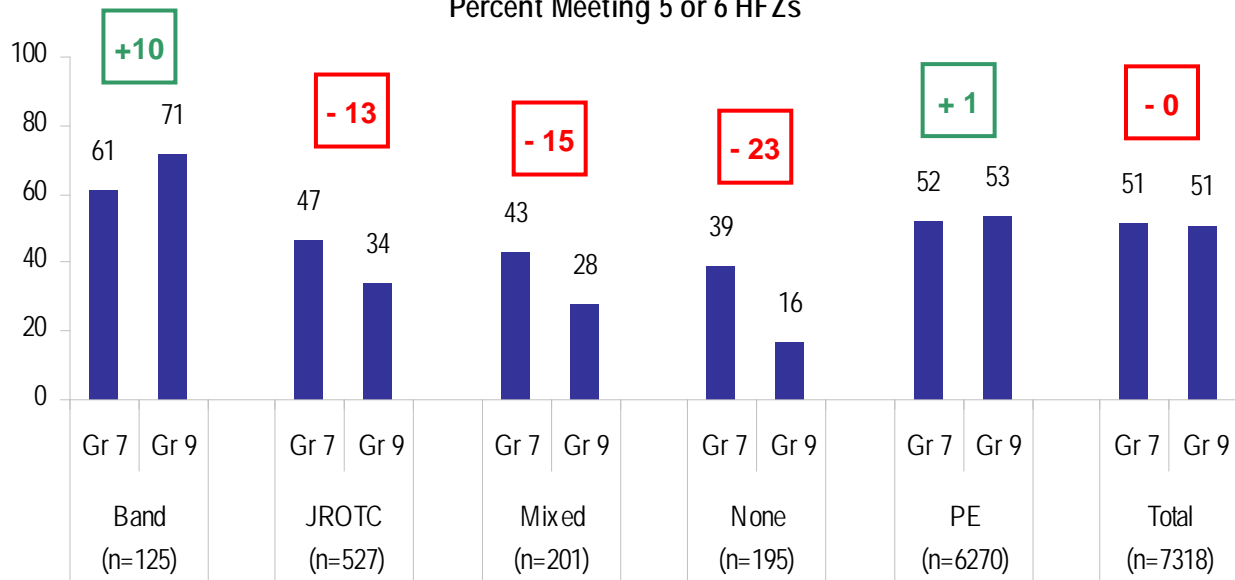
### Matched Grade 7 and 9 California Physical Fitness Test Results of 2007–08 9<sup>th</sup> Grade Students

#### DISTRICT

School	Grade 9 Activity Group	Total Students	Test Grade Level	California Physical Fitness Test Results (Fitnessgram)								
				Average Score (Range: 0 to 6)	Percent Distribution of Students by Number of Healthy Fitness Zones (HFZs) Met						Percent of Students Meeting 5 or 6 HFZs	
					0 HFZs	1 HFZ	2 HFZs	3 HFZs	4 HFZs	5 HFZs		6 HFZs
District (excludes charter schools)	Band	125	Gr 7	4.7	0.0	1.6	5.6	9.6	22.4	24.8	36.0	60.8
			Gr 9	4.7	11.2	0.0	1.6	4.0	12.0	24.8	46.4	71.2
			Diff	(0.1)	11.2	(1.6)	(4.0)	(5.6)	(10.4)	0.0	10.4	10.4
	JROTC	527	Gr 7	4.0	1.9	6.1	10.2	15.2	19.7	27.3	19.5	46.9
			Gr 9	3.6	10.2	4.6	9.5	14.2	27.1	24.1	10.2	34.3
			Diff	(0.5)	8.3	(1.5)	(0.8)	(0.9)	7.4	(3.2)	(9.3)	(12.5)
	Mixed	201	Gr 7	3.7	6.5	7.5	12.9	13.4	16.4	24.9	18.4	43.3
			Gr 9	3.5	8.0	7.0	10.0	17.4	29.9	13.4	14.4	27.9
			Diff	(0.2)	1.5	(0.5)	(3.0)	4.0	13.4	(11.4)	(4.0)	(15.4)
	None	195	Gr 7	3.5	14.4	4.1	11.8	16.4	14.4	21.0	17.9	39.0
			Gr 9	1.8	50.8	4.6	6.7	8.7	12.8	14.4	2.1	16.4
			Diff	(1.7)	36.4	0.5	(5.1)	(7.7)	(1.5)	(6.7)	(15.9)	(22.6)
	PE	6270	Gr 7	4.3	3.1	4.0	9.1	12.9	18.8	23.3	28.8	52.1
			Gr 9	4.2	5.4	3.4	7.5	12.3	18.0	24.6	28.8	53.4
			Diff	(0.0)	2.2	(0.6)	(1.6)	(0.5)	(0.9)	1.3	0.0	1.4
	Total	7318	Gr 7	4.2	3.4	4.2	9.3	13.1	18.8	23.6	27.7	51.3
			Gr 9	4.1	7.1	3.5	7.6	12.4	18.7	24.0	26.7	50.7
			Diff	(0.1)	3.7	(0.7)	(1.7)	(0.7)	(0.1)	0.4	(1.0)	(0.6)

#### DISTRICT SCHOOLS (EXCLUDING CHARTER)

##### Percent Meeting 5 or 6 HFZs



**Matched Grade 7 and 9 California Physical Fitness Test Results of 2007–08 9<sup>th</sup> Grade Students  
 HENRY, MIRA MESA, and SERRA HIGH SCHOOLS**

School	Grade 9 Activity Group	Total Students	Test Grade Level	California Physical Fitness Test Results (Fitnessgram)								
				Average Score (Range: 0 to 6)	Percent Distribution of Students by Number of Healthy Fitness Zones (HFZs) Met						Percent of Students Meeting 5 or 6 HFZs	
					0 HFZs	1 HFZ	2 HFZs	3 HFZs	4 HFZs	5 HFZs		6 HFZs
Henry High	Band	28	Gr 7	5.0	0.0	0.0	3.6	10.7	21.4	10.7	53.6	64.3
			Gr 9	5.3	0.0	0.0	0.0	3.6	10.7	35.7	50.0	85.7
			Diff	0.3	0.0	0.0	(3.6)	(7.1)	(10.7)	25.0	(3.6)	21.4
	JROTC	68	Gr 7	4.4	0.0	0.0	11.8	8.8	25.0	32.4	22.1	54.4
			Gr 9	3.5	22.1	1.5	2.9	7.4	25.0	23.5	17.6	41.2
			Diff	(0.9)	22.1	1.5	(8.8)	(1.5)	0.0	(8.8)	(4.4)	(13.2)
	Mixed	1	Gr 7									
			Gr 9									
	PE	447	Gr 7	5.0	2.0	0.9	2.2	5.4	15.0	26.8	47.7	74.5
			Gr 9	4.6	3.6	0.9	4.3	8.7	19.9	33.8	28.9	62.6
			Diff	(0.4)	1.6	0.0	2.0	3.4	4.9	6.9	(18.8)	(11.9)
	Total	544	Gr 7	4.9	1.7	0.7	3.5	6.3	16.5	26.7	44.7	71.3
Gr 9			4.5	5.9	0.9	3.9	8.3	20.0	32.5	28.5	61.0	
Diff			(0.5)	4.2	0.2	0.4	2.0	3.5	5.9	(16.2)	(10.3)	
Mira Mesa High	Band	43	Gr 7	4.7	0.0	2.3	2.3	7.0	25.6	32.6	30.2	62.8
			Gr 9	5.7	2.3	0.0	0.0	0.0	2.3	14.0	81.4	95.3
			Diff	0.9	2.3	(2.3)	(2.3)	(7.0)	(23.3)	(18.6)	51.2	32.6
	JROTC	50	Gr 7	4.1	0.0	10.0	4.0	18.0	18.0	32.0	18.0	50.0
			Gr 9	4.4	0.0	4.0	8.0	2.0	32.0	38.0	16.0	54.0
			Diff	0.3	0.0	(6.0)	4.0	(16.0)	14.0	6.0	(2.0)	4.0
	Mixed	11	Gr 7	3.6	0.0	0.0	27.3	27.3	9.1	27.3	9.1	36.4
			Gr 9	4.5	9.1	0.0	9.1	0.0	18.2	18.2	45.5	63.6
			Diff	0.9	9.1	0.0	(18.2)	(27.3)	9.1	(9.1)	36.4	27.3
	None	1	Gr 7									
			Gr 9									
	PE	480	Gr 7	4.4	2.3	2.3	7.1	12.7	20.0	30.0	25.6	55.6
Gr 9			4.7	2.9	1.0	4.2	10.4	17.7	27.7	36.0	63.8	
Diff			0.3	0.6	(1.3)	(2.9)	(2.3)	(2.3)	(2.3)	10.4	8.1	
Total	585	Gr 7	4.4	2.1	2.9	6.8	13.0	20.0	30.3	25.0	55.2	
		Gr 9	4.7	2.9	1.2	4.3	8.7	17.8	27.4	37.8	65.1	
		Diff	0.3	0.9	(1.7)	(2.6)	(4.3)	(2.2)	(2.9)	12.8	9.9	
Serra High	Band	10	Gr 7	4.4	0.0	0.0	10.0	10.0	30.0	30.0	20.0	50.0
			Gr 9	5.1	0.0	0.0	0.0	0.0	30.0	30.0	40.0	70.0
			Diff	0.7	0.0	0.0	(10.0)	(10.0)	0.0	0.0	20.0	20.0
	JROTC	40	Gr 7	4.1	2.5	7.5	10.0	10.0	20.0	32.5	17.5	50.0
			Gr 9	4.1	0.0	0.0	5.0	20.0	37.5	37.5	0.0	37.5
			Diff	0.0	(2.5)	(7.5)	(5.0)	10.0	17.5	5.0	(17.5)	(12.5)
	Mixed	2	Gr 7									
			Gr 9									
	None	2	Gr 7									
			Gr 9									
	PE	383	Gr 7	4.4	2.1	2.6	9.7	11.2	19.6	25.6	29.2	54.8
			Gr 9	4.7	1.3	1.8	5.0	10.2	17.8	29.2	34.7	64.0
Diff			0.3	(0.8)	(0.8)	(4.7)	(1.0)	(1.8)	3.7	5.5	9.1	
Total	437	Gr 7	4.3	2.5	3.0	9.6	11.0	20.1	26.1	27.7	53.8	
		Gr 9	4.6	1.8	1.6	4.8	10.8	19.9	29.7	31.4	61.1	
		Diff	0.3	(0.7)	(1.4)	(4.8)	(0.2)	(0.2)	3.7	3.7	7.3	

